

Active Ageing & Empowerment of Migrant Elders

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Who We Are

- MECOPP is a **user led** organisation
- Providing **Culturally Competent** services
- In a **person centered** and **holistic** manner
- To migrant elders who provide or receive informal care

What We Do

- Advocacy and casework support
- Multi-lingual advice and information
- Individual & group support
- Education & training
- Social, recreational & therapeutic activities
- Domiciliary care at home service
- Service brokerage (direct payments)

Funding

- Local Authority/Health Board joint contract
- Purchase of specific services provided by MECOPP
- Social enterprise
- Fundraising

What does Empowerment mean?

“Empowerment is simply gaining the power to make your voice heard.”

“Empowerment is assisting people in communities to acquire the confidence, skills and power to influence their life condition.”

“Empowerment is the right to determine our own destinies.”

Characteristics of Empowerment

- The ability to make decisions about personal and collective circumstances
- The ability to access information and resources for decision making
- Ability to consider a range of options from which to choose
- Confidence in your ability to influence change

Characteristics of Empowerment

- The ability to inform other's perceptions through exchange, education and engagement
- The ability to learn and access skills to improve personal and collective circumstance

User Involvement (MECOPP)

- MECOPP Board of Directors
- Governance of the organisation
- Strategic direction and priorities
- Operational issues (new service development)
- 'Checks and balances' - scrutiny

User Involvement (MECOPP)

- User involvement forums
- User satisfaction survey
- Regular consultation by staff
- Involvement in programme/curriculum development (educational, recreational, social and therapeutic activities)
- Volunteering

User Involvement (Local Government)

- Support Minority Ethnic elders on multi-agency planning and commissioning groups
- Support involvement of Minority Ethnic elders in external consultation exercises
- Involvement of Minority Ethnic older people in training of health and social care staff

User Involvement (National Government)

- Support involvement of Minority Ethnic elders in developing national policy and practice
- Support involvement of Minority Ethnic elders in national consultation exercises

Empowering Individuals

- Growth of Self Directed Support and Co-production
- Direct Payments as a delivery mechanism
- Potential to deliver for Minority Ethnic elders
- Co-operativism & Purchasing Power

Measuring Outcomes

- Shift from outputs to outcomes
- What changes for the individual?
- Quality of Life indicators (physical & emotional health, income, increase in self esteem & choices, participation in community life)

MECOPP Approach

- 'Rights' based – individuals treated as full and equal citizens with commensurate rights
- Aligned to strategic framework at both national and local level
- Mechanism to assist public bodies to meet legal requirements
- Innovation in service delivery
- Individual and collective/societal benefit